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Editorial

It is with great pleasure that this first issue of *Vimarsh Pravah*, a platform dedicated to fostering scholarly discussions and advancing research in the fields of humanities and social sciences. In keeping with our mission, this issue brings together a diverse range of articles that explore critical and contemporary issues in our society, offering new insights, perspectives, and knowledge.

This issue covers a variety of thought-provoking themes, diverse range of research spanning critical areas such as healthcare, digital wellness, literature, culture, history, and social development. The papers in this issue address significant contemporary challenges, from the nursing crisis in India to the impact of digital consumption on health. We explore the symbolic role of deserts in literature and culture, delve into the forgotten history of abandoned monuments, and examine the evolving role of social media in tribal development. Together, these studies offer valuable insights and open new avenues for discussion in their respective fields.

I would like to take this opportunity to thank the authors for their contributions and for trusting *Vimarsh Pravah* as the platform to showcase their research. My heartfelt appreciation also goes out to our reviewers and editorial board members, whose valuable feedback and expertise are critical to the success of this journal.

As we continue to grow, *Vimarsh Pravah* remains focused on expanding its reach and impact, while upholding the core values of academic excellence and ethical publishing. I encourage researchers, scholars, and students to continue submitting their work and to engage with the journal as readers and contributors.

We look forward to your feedback and hope that you find this issue intellectually stimulating and insightful.

Thank you for your continued support.

Warm regards,

Dr. Girish Shastri Editor-in-Chief *Vimarsh Pravah* Research Journal